

Information on 31 Raags in Guru Granth Sahib Jee

Panna	Raag	Common Themes	Feelings communicated	Timings
1-13	~	~	~	~
14-93	<i>Sri</i>	Maya and detachment	Satisfaction and balance	6pm-9pm
94-150	<i>Maajh</i>	Yearning to merge with Lord, giving up of negative values.	Loss, beautification	3pm-6pm
151-346	<i>Gauri</i>	Principles, serious, thoughtfulness, composed	Seriousness	3pm-6pm
347-388	<i>Aasa</i>	Hope	Making effort	3am-6am
489-526	<i>Goojri</i>	Prayer (Pooja)	Satisfaction, softness of heart, sadness	9am-12pm
527-536	<i>Devghandaari</i>	Merging with spouse, self – realization	No specific feeling but the Raag has a softness	6am-9am
537-556	<i>Bihaagra</i>	Yearning due to separation of soul and happiness due to meeting the Lord.	Beautification	9pm-12am
557-594	<i>Vadhans</i>	Bhakti (Prayer) Ras		12pm-3pm
595-599	<i>Sorath</i>	Merits of God	Motivation	9pm-12am
660-695	<i>Dhanaasari</i>	Mixed theme	Inspiration, motivation	12pm-3pm
696-710	<i>Jaitsree</i>	Stability	Softness, satisfaction, sadness	6pm-9pm
711-718	<i>Todee</i>	Maya, separation	This being a flexible Raag it is apt for communicating many feelings	9am-12pm
719-720	<i>Bairaari</i>	Motivation to sing praises of Lord	Sadness, (Gurus have, however, used it for the message of Bhakti)	6am-9am
721-727	<i>Tilang</i>	Many words from the vocabulary of Islamic origins are used, sadness, beautification.	This is a favourite Raag of Muslims. It denotes feeling of beautification and yearning.	3pm-6pm
728-794	<i>Soohee</i>	Being away from home. The soul being away from the House of Lord and the joy of meeting the true husband.	Joy and separation	9am-12pm

795-858	<i>Bilaaval</i>	Beautification of soul, happiness.	Happiness	9am-12pm
859-875	<i>Gaund</i>	Separation, union, surprise.	Strangeness, surprise, beauty	9am-12pm
876-974	<i>Raamkali</i>	to give up the life of a wandering Yogi	Calmness	3am-6am
975-983	<i>Nat Narayan</i>	Joy of meeting the Lord	Happiness	9pm-12am
984-1987	<i>Maali Gaura</i>	Happiness	Happiness	6pm-9pm
989-1106	<i>Maaru</i>	Bravery	Giving up of cowardice	12pm-3pm
1107-1117	<i>Tukhari</i>	Separation and union with Lord	Beautification	3pm-6pm
1118-1124	<i>Kedara</i>	Love	Love and beautification	6pm-9pm
1125-1167	<i>Bhairau</i>	Man's state of hell	Seriousness, brings stability of mind	3am-6am
1168-1196	<i>Basant</i>	Happiness	Happiness	6pm-9pm
1197-1253	<i>Saarang</i>	Thirst to meet God	Sadness	9am-12pm
1254-1293	<i>Malaar</i>	State of separated and united soul	Separation	9pm-12am
1294-1218	<i>Kaanra</i>	Bhakti (Devotion/Prayer)	Bhakti (devotion) and seriousness	9pm-12am
1319-1326	<i>Kalyaan</i>	Bhakti (Devotion/Prayer) Ras	Bhakti Ras (feeling the sweet nectar from loving devotion to the Lord)	6pm-9pm
1327-1351	<i>Parbhati</i>	Vairaag (Detachment)	Bhakti and seriousness	3am-6am
1352-1356	<i>Jaijwanti</i>	Vairaag (Detachment)	Viraag (Detachment)	9pm-12am
1357-1430	~	~	~	~